



What to Expect



- All games are played on Saturdays with the same starting times for each level
- All practices and home games will be at Clements High School football practice field and stadium for home games
- Official practices will begin in August and several mini camps will be available– check with web site often for new updates
- 99% of all team communication is done via email and website. We promise to keep it up to date and inform you of changes, news, standings, etc. We welcome your input for pictures!
- Players will receive their helmets and practice uniforms this summer
- Players will also receive official jersey with name/number, game pants and navy socks
- No player will be allowed to practice/play without proper protective equipment (helmet, chin strap and pads)
- Parent drop-off for practice and games is **not permitted**. An adult must be there to assist with child in case of emergency
- Parents –you will want to bring a folding chair for the practices as there is not seating available on the practice fields and bathroom is located at field house. Bug spray will be your new friend

Checklist



- All players will need a mouth guard that is molded for their teeth. These are available at sporting locations and the process takes less than 5 minutes to obtain a good and safe fit. We advise having an extra one on hand
- Athletic support for protection
- Football cleat shoes for both practice and games
- **WATER, WATER, WATER!!!!** We can't stress enough how important it is to keep the players and cheerleaders hydrated!
- Sunscreen and insect repellent as needed